



# Feel Good Pilates Weekly Zoom Timetable

Helen Stewart 07973 338232

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>08:30</b>				Zoom Class Intermediate 08:30-09:30	
<b>09:00</b>			Hockerwood Park NG25 0PZ Beginners/Imp 09:00 - 10:00		
<b>09:30</b>	Zoom Class Beginners / Improvers 09:30-10:30	Zoom Class Beginners / Improvers 09:30-10:30			Zoom Class Beginners / Improvers 09:45-10:45
<b>10:00</b>					
<b>10:30</b>				Hockerwood Park NG25 0PZ Intermediate 10:15 - 11:15	
<b>11:00</b>		Zoom Class Gentle / Beginners 11:00-12:00		Norwell NG23 6LF Beginners/Imp 11:15-12:15	
<b>11:30</b>					
<b>12:00</b>					
<b>12:30</b>					
<b>13:00</b>					
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<b>15:00</b>					
<b>15:30</b>					
<b>16:00</b>					
<b>16:30</b>					
<b>17:00</b>					
<b>17:30</b>	Zoom Class Intermediate 17:30-18:30				
<b>18:00</b>			Norwell NG23 6LF Beginners/Imp 18:15-19:15		
<b>18:30</b>					
<b>19:00</b>					
<b>19:30</b>			Norwell NG23 6LF Intermediate 19:30-20:30		
<b>20:00</b>					
<b>20:30</b>					